



## Arizona Homeopathic & Integrative Medical Association

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### NEWS RELEASE

Educational program series to highlight homeopathic and integrative medicine as a vital complementary or alternative healthcare choice to allopathic medicine

#### Series Open to the Public

PHOENIX, AZ, SEPTEMBER 25, 2006

The Arizona Homeopathic and Integrative Medical Association (AHIMA) is presenting “Healing with Homeopathic & Integrative Medicine”, a series of four educational programs designed to inform and educate the general public about a vital, proven complementary or alternative healthcare choice to allopathic medicine. The first program of the series will be held November 1, 2006 and will feature presentations by three Greater Phoenix homeopathic physicians: Bruce Shelton, MD, MD(H); Edward Kondrot, MD, MD(H), and Nick Meyer, DDS.

“Arizona Homeopathic and Integrative Medicine is the best kept secret in our community,” says Bruce Shelton, a licensed homeopathic doctor since 1990 and president of AHIMA. “Our unique field of medicine which is practiced only by MDs and DOs deals with seemingly incurable problems in a style that is both gentle and effective as well as being an economic alternative in light of today’s high cost of healthcare.”

Shelton notes that homeopathic medicine has been growing at a slower pace in the United States than in Europe where today homeopathic medicine is mainstream and serves 30% of the population on a regular basis. “However,” Shelton adds, “we are now seeing more and more people in the U.S. turn to alternative medicine - in some cases to complement traditional medicine - because homeopathic medicine is holistic, scientifically based, safe, effective and less expensive,” he adds.

At the November 1 program, Shelton will discuss “Homotoxicology: Dilution is the Solution.” Kondrot will present “5 Steps to Prevent Losing Your Eyesight.” Meyer will talk about “Sleep Apnea: The Noisy Silent Killer.” A Q&A will follow each presentation with an opportunity to meet the three speakers after the program.

“We are very pleased to offer this series of educational programs to our community. Everyone who is striving for better health will have the opportunity to gain a greater insight into homeopathic and integrative medicine that may become a valuable part of their own healthcare,” says AHIMA program director Ed Kondrot.

The November 1 program - and the three following programs on February 7, 2007, April 4, 2007 and June 6, 2007 - will be held at Rainstar University, 8370 E. Via de Ventura, Suite K-100, in Scottsdale, AZ, from 7 p.m. - 9 p.m.

The cost is \$25 for one program. The cost of the series of four programs is \$75. Tickets are available at the door.

The Arizona Board of Homeopathic Medical Examiners — which licenses MDs and DOs to practice homeopathic medicine — is one of only three homeopathic medical boards in the country. The existence of the Board has enabled Arizona to become a national leader in homeopathic medicine. In Arizona, homeopathic medicine is taught at the Southwest College of Naturopathic Medicine and the Desert Institute of Classical Homeopathy and on-line programs are available from The British Institute.

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